Principal’s Message

LIVING WITH A GROWTH MINDSET

May you have enough happiness to make you sweet, enough trials to make you strong, enough sorrow to keep you human and enough hope to make you happy. The happiest of people don’t necessarily have the best of everything; they just make the most of everything that comes along their way. (anon)

TEAMWORK MAKES THE DREAMWORK!

This week we acknowledged our student leaders on parade with the annual investiture ceremony. It was with great pleasure that we invited parents and family to pin the badges on their children to highlight that we are all working together to support our children to be leaders. Special thanks to our guests – Mrs Joan Pease MP (Lytton), Councillor Peter Cumming, Mrs Beverley Budgen, Mr Grant Williams and Ms Cathy Pfingst
WHAT'S HAPPENING IN OUR LIBRARY?

**Library Monitors!** There are some new faces in our library this week – working away with shelving and reading to younger children during break time. Yes, of course! It is our Year 5 and 6 library Monitors! Congratulations to these 31 students who put their hand up for this leadership role. They have been rostered on for a once a week time slot. Thank-you to our library coordinators – Mrs Cunningham and Mrs Invanisevic for organising this great initiative.

**Wednesday Morning Parent/Child Reading!** The Resource Centre will be opened each Wednesday morning from 8am - 8.30am for parents who wish to read to their children. Come in and enjoy our library and read some of our many wonderful books!

**FOOD RULES!**
There’s a great little book called ‘Food Rules’ by Michael Pollan. It gives a short list of rules for choosing your food. All of the rules are directed at avoiding processed food with too many chemicals in them because these foods have a very serious effect on the ability of children to concentrate and learn. In some children, processed food can cause aggressive and highly distracted behaviours. Some of Pollan’s key rules for choosing what food for your child are:

- Don’t eat anything your great-grandmother wouldn’t recognise as food.
- Avoid food products that contain more than 5 ingredients.
- Avoid food products containing ingredients that a third-grader cannot pronounce.

Your child’s school lunch box is a great place to start educating them about healthy eating. Fruit, vegies, sandwiches, yoghurt, cheese, etc... are great food items to eat for school lunches. Kidspot.com.au is a good source for lunchbox ideas.

**PARENT EDUCATION FOR THE BRIDGE BUILDERS’ PROGRAM**
Come along and learn about the wonderful Bridge Builders’ Program on Tuesday, 21 February at 6pm in the Performing Arts Hall. All parents are encouraged to attend. Please RSVP to admin@manlywestss.eq.edu.au

Kind regards

Lisa Morrison (Principal)

**From the Office**

**QParents Payment Issue**
Some parents have reported that making payments using the QParents app on their android phone is not working. They are directed to the BPPoint portal but do not receive a "payment successful" message and the payment is not processed. To resolve this issue please uninstall the QParents app, then download and re-install the app via Google Play.

If you are going to take advantage of the school drop off zone in the afternoon, could you please email your name to admin@manlywestss.eq.edu.au so we can make up a name tag for your car visor to assist the teacher on duty.

**Payments Due:**

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From Around the School

Australia Day Colouring Competition
Congratulations to Tyler Burr from Prep C who won a scooter and gift voucher in the 3-5years boys section of the recent colouring competition.

Choir and BVG News

Years 4 to 6 students are welcome to join these singing groups. Rehearsals begin this week.

Choir (Years 4 to 6 boys and girls) rehearses on Thursday mornings from 7.45am - 8.30am. The music room opens at 7.30am so that all musicians can be seated ready to begin on time.

BVG (Boys Vocal Group for Years 4 to 6 students) rehearses on Friday mornings from 7.45am – 8.30am.

Students interested in joining either of these groups, please see Ms C for a membership form.

Instrumental Music News

Wednesday Instrumental Music: Welcome to Mr John Cosic who will be teaching percussion and brass beginners this year. Mr Cosic’s lessons began last week.

Mr Rander’s beginner lessons began this week with a one-hour introductory lesson for each group on Tuesday.

Senior Band and lessons for continuing students have resumed. (There were no senior lessons this week because of the one-hour beginner lessons.)

Instrumental timetables are displayed on the music room door and in every Year 4 to 6 classroom.

PE and Sport News

District Swimming:
The following students have been selected to compete in the Bayside District Swimming Carnival being held at Chandler on Thursday 16 February: Isabella Quinn, Summer Hamilton, Olivia Davies, Erin Fallis, Alex Harrison, Sam Hodder, Elliot Wang and Ollie Hacon. Congratulations and good luck next week!

Schools With Pools:
The 2017 Schools with Pools Carnival is being held on Friday 10 March. Nominations and selections for this carnival will be finalised during PE lessons in the coming weeks and a letter sent home to those who qualify. Girls and boys aged 8-12 years will be selected to compete at this year’s carnival.

Cross Country Training:
In preparation for the upcoming Manly West Cross Country Carnival towards the end of this term, there will be training offered to students aged 10-12years. Training will be held Wednesday afternoons 3.15-3.45pm and Thursday mornings 7.45-8.15am. Come along and improve your fitness.

Mr Burke, PE Teacher

From the P & C

Our first meeting for the new year will be on Thursday, 16 February at 6.30pm in the Admin staffroom. Everyone is welcome, so please come along to meet the team and find out what we have planned for 2017.

High School News

Queensland Academies Creative Industries are holding their Open Day on Saturday 25 February from 1-3pm. This is a selective entry state high school for students in years 10 – 12 located at 61 Musk Avenue, Kelvin Grove. Register for our complimentary Discovery Workshops. Visit qaci.eq.edu.au/open-day for more information or call 3377 9366.
Community News
Parents, did you know that children spend 1,500 hours in their school shoes every year! They are jumping, kicking and running around on hard, flat surfaces. At The Athlete’s Foot we know that school shoes need to be correctly fitted and need to feel 100%! We stock a massive range of school and sport shoes throughout the year and can help anytime to meet your needs. The Athlete’s Foot have teamed up with Manly West SS to offer rewards dollars ... for EVERY pair of shoes purchased, $5 will be donated to our school. Make sure to ask one of our friendly staff instore how to make sure you are linked up with your school.

Mischief Makers Art classes for kids will be running every Friday afternoon from 3:15pm. Classes begin this Friday in the Manly West State School Art Space. The lessons will cover a range of different mediums including paint, pastels, clay, mixed media and more. Art encourages creative thinking and self-expression and is a fantastic way for children to develop confidence and skills. If you are interested please contact Nadia Butler at nadiabutler@hotmail.com

Do you need help with school costs? The Smith Family offers Savers Plus, a program you can join that will match your savings, dollar for dollar, up to $500 for educational costs such as uniforms, text books, excursions/camps, music tuition, instrument hire and more. To find out if you are eligible, contact David Smith on 3115 6202/0417 436 183 or email david.smit@thesmithfamily.com.au.

Wynnum Scouts run programs for girls and boys as young as 6 years of age, offering character development, camping/outdoor activities, community events and the opportunity to make new friends in a fun, low pressure environment. For further information or to book your child in, phone 0433 228 813 or email wynnumscouts@gmail.com.

Redlands Grasshopper Soccer runs programs for girls and boys aged 2 to 12. Contact Will to arrange your FREE trial by calling 0468 999 455 or by emailing will@grasshoppersoccer.com.au

Surf Lifesaving Queensland are running a Little Lifesavers program from 8-10am on Saturday mornings starting on 28 January to 1 April at Raby Bay, Cleveland. For further information or to register, phone 3846 8000 or email littlelifesavers@lifesaving.com.au

Caprice Dancing School is a family friendly dance school based in Wynnum and Manly offering classes in ballet, jazz, tap and contemporary. Enrol now for classes in 2017 commencing 4 February. For further information email capricedancing@internode.on.net or visit www.capricedancing.com.au

Sport Information / Sign Ons
Wynnum & Districts Rugby Club sign on is on Friday, 10 February from 4pm to 8pm AND Saturday, 11 February from 1 to 4pm. For further information, contact registrar@wynnumrugby.com.au

Wynnum & Districts Netball Club sign on is on Friday, 10 February from 4pm to 8pm AND Saturday, 11 February from 1 to 4pm. For further information, contact Trent on 0404 433 813

A 4 week Pauls ROAR Active Program will be held before school at Manly West SS from 1 March. A representative from the program will talk to students on an assembly soon and hand out flyers.

Calendar
Thursday, 16 February
District Swimming Trials
2/3A, 3B MBEEC Birds and the Environment
P&C Meeting, 6.30pm

Friday, 17 February
3C MBEEC Birds and the Environment
What’s been happening?
Welcome back to 2017, I am Chappy Luke. I am the school chaplain at Manly West. I have been a school Chappy for three years. I am looking forward to a huge year with the Manly West community.

This year at a glance is filled with some fun times. Activities such as walk in Wednesdays every term, a Chappy Disco, Chappy week is looking huge for this year as well as Spin off in the latter half of the year.

We also have sports days, swimming carnivals and book week coming up. Moreover, we have some huge camps coming up this year as well. Not only in school but also in the September Holidays we have Bayside Wipeout a SU camp that is organised for children from grade 5 to 8.

Upcoming Events

22/02/2017 – First walk in Wednesday. There will be pancakes being sold for a gold coin donation from out the front of the Tuckshop.

22/02/2017 – Active School Travel Design Winner’s picked.

22/03/2017 – Walk in Wednesday – So get your hair ready for Mad Mop Midweek. There will be pancakes being sold for a gold coin donation from out the front of the Tuckshop.

25/03/2017 – Harmony Day

Get Involved!
Each week there will be a trophy that is awarded to the class that has the most members who Actively Travel to School on Wednesday.

This will culminate in an end of year prize to the classes that get 1st, 2nd and 3rd place.

Please also consider donating to chaplaincy in your school this money will go to help the chaplain organise activities and engage with your children.

Thank You!

Luke Smith
SCHOOL CHAPLAIN
E Luc@chappy.org.au

Manly West State School
226 Manly Road
Manly QLD 4179
T (07) 3906 8333
F (07) 3906 8300
E admin@manlywestss.eq.edu.au
EVER WANTED TO SHOUT YOUR CHAPPY A COFFEE?

HERE'S AN EVEN BETTER IDEA!

From as little as $10 a week — the cost of a couple of coffees — you can make a positive impact in your community by helping your school chaplain provide pastoral care and spiritual support for students when they need it most. Give a gift today!

yes! I WANT TO SUPPORT THE CHAPLAIN AT ____________ SCHOOL

HERE IS MY GIFT OF □ $40 □ OTHER: $ _______

A MONTH This is a □ Regular monthly gift □ One-off gift

Donations of $2 and over are tax-deductible and a tax receipt will be posted to you. Regular monthly supporters will receive one receipt at the end of each financial year.

Please provide a tax receipt in □ My name □ My company name

□ Please send me information on remembering SU QLD in my will.

Please return to:
SU QLD
PO Box 1167
Eagle Farm QLD 4009

You can also donate online at donate.to.suqld.org.au or by phoning 1300 478 753

Manly West State School

Credit Card □ Visa □ Mastercard □ American Express

CARDHOLDER'S NAME ____________________________

CARD NUMBER ___________ / ___________ SIGNATURE ____________________________

Direct Debit (regular supporters only)

Bank ________ Account ________

BSB ________ Account Number ________

Payments are made on the first Thursday of the month. If setting up a direct debit, both signatures are required. If the undesignated request, Scripture Union Queensland (ABN0679496075), to arrange for funds to be debited from my/our nominated account at the financial institution nominated above according to the schedule specified herein.

Signature(s) ____________________________

Cheque (For one-off gifts only. Made payable to SU QLD Schools Ministry Fund)

My details
Your personal information is treated in accordance with SU QLD’s privacy policy — visit suqld.org.au/privacy

[Fields for name, company, address, phone]